

Pumpkin soup



Difficulty: ○○○○○

Preparation time: 10minutes , Cooking time: 40minutes

Total time: 50minutes , Serving number: 4

0 Calories , 0 g Sugars , 0 g Fats , 0 g Proteins

Author: sefredaktor

Url: <https://www.srecipes.eu/pumpkin-soup>

Preparation

Saute onions in butter, add garlic and diced pumpkin (Hokkaido kind may not deprive the skin, softens the cooking). Let the moment fry, pour water, bring to the boil. Mass Blend, pour in the cream and let simmer again.

▫ Tip for the Recipe

Serve with croutons buns, parsley and chives.

Ingredients

- 100 g onion
- 1 piece garlic
- 500 g Hokkaido pumpkin
- 1 piece vegetable broth
- 200 ml sweet cream
- 1 piece butter
- 5 g parsley
- 5 g chive
- 1 piece baguette

Categories

Japanese, Vegetarian, Vegetables, Food for every day, Soup

